

○ MUSIC  city COUNSELOR

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♥ *laura oathout*

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TpT



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## **Self-Control Lesson Directions:**

- This presentation teaches students all about self-control.
- Students listen to a story about a class of students who learn 18 tips for practicing self-control.
- 3 discussion questions are included. Students can type directly in the text boxes that say, "Type here."
- An interactive sorting game is included with 24 scenarios to practice. To play, students read the scenario on the white board. Then, if it shows an in control choice, they drag the pink checkmark to the "in control" pink square. If it shows an "out-of-control" choice, they drag the pink checkmark to the "out-of-control" pink square.
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Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) with questions, suggestions, resource requests, or comments. I'm here to help and would love to hear from you!

♥ Laura Oathout

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